



St Mary's C of E Primary School Newsletter

Friday 7th October 2022

www.stmarykilburn.camden.sch.uk

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Go, shine in the world and live as Jesus lived.



Dear Parents and carers,

Thank you to all the families that sponsored children on Healthy Heart Day. The children managed to raise an impressive £358, which will go towards buying new PE equipment for the school.

We are looking forward to seeing families at our Family Fancy Dress Disco next Friday. Please remember to buy your tickets in advance, as we have limited numbers and we will not be selling them on the door on the night.

With best wishes, Miss Mitchell (Head of School) and Mr Webb (Executive Headteacher)

Healthy Heart Day...

On Friday last week, children thoroughly enjoyed taking part in a range of different activities that celebrated being healthy and keeping fit. Y6 children showed our Christian Value of community by helping the younger children throughout the day.



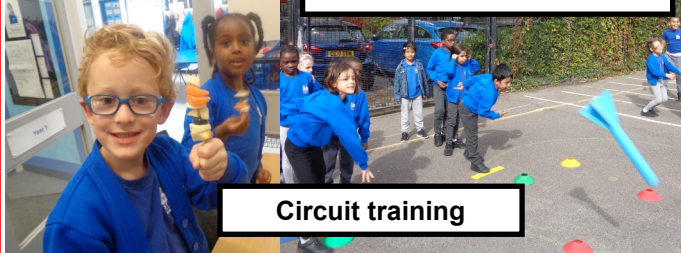
Wake up, shake up



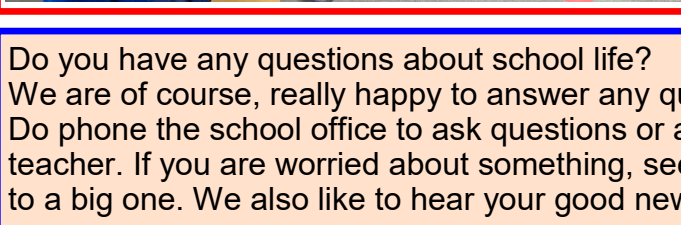
Dance workshop



Skipping workshop



Making healthy snacks and learning about healthy



Circuit training

Parents Working Alongside Children in Y2...

Some Year 2 parents joined in with a Maths lesson on Monday this week. Parents enjoyed the chance to see how we teach maths at St Mary's and how their children are as learners at school. Here were some of the views that parents shared with Ms Mitchell following the session...

"It is a very inclusive approach- sharing various methods to understand concepts."

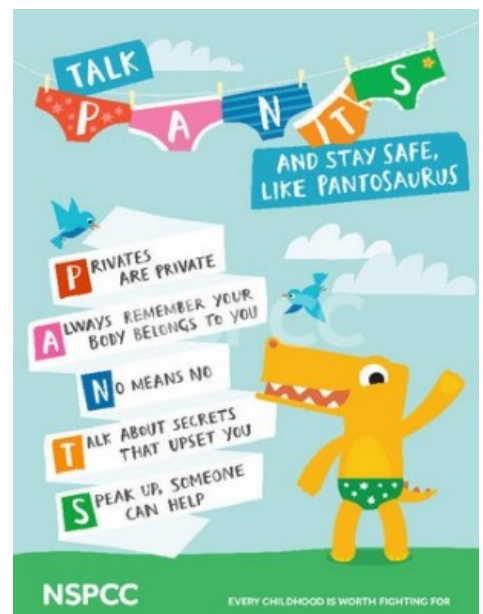
"It is a lot more interactive than when I was at school!"

"I am going to use the school methods at home."



PANTS...

This week, Ms Whiteley talked about the PANTS rule to the children in assembly. From P through to S, each letter of PANTS gives an important message for children as young as four to help them stay safe.



Visit the NSPCC website to find out more: <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Do you have any questions about school life?

We are of course, really happy to answer any questions about school, no matter how small :) Do phone the school office to ask questions or ask to arrange an appointment to see the class teacher. If you are worried about something, see us straight away. Don't let a little worry turn in to a big one. We also like to hear your good news. It helps to keep us going with a smile :)

Important dates for your diary.....

Monday 10th October– Parents working alongside children in Y4– parents who have responded to the invitation and have been selected attend.

Friday 14th October– Family Fancy Dress Disco — tickets on sale from the school office

Monday 17th October– Parents working alongside children in Y1– invitation letters will be sent out soon.

Tuesday 18th October— Reception settling in meetings— Reception parents will receive an invitation with their meeting time

Thursday 20th October– Non-uniform day— Children donate £1 to wear their own clothes

Friday 21st October— Last day of this half term.

Monday 31st October— Children back to school.

Monday 31st October– Deadline for secondary school applications to be completed on eAdmissions website– year 6 parents only.

Monday 1st November– Nursery settling in meetings— Nursery parents will receive an invitation with their meeting time

Monday 7th November–Parents working alongside children in Reception- invitation letters will be sent out soon.

Wednesday 16th November— School photograph day

Friday 25th November — Non-uniform day– Children donate £1 to wear their own clothes



Person of the Week!

- Reception - Imara
- Year 1 - Jeli
- Year 2 - Rayan
- Year 3 - Anestis
- Year 4 - Aseel
- Year 5 - Grace
- Year 6 – Msgana

St Mary's Family Fancy Dress Disco

Friday 14th October
6.00pm to 8.00pm
in the school hall



Fun, family-friendly costumes!
No scary costumes please!



Please buy your tickets from the school office in advance. **Tickets will not be on sale on the night. Do not wait until Friday to buy tickets as they will sell out!**

Adults- £2.50 (includes a free drink)
Children- £1.50 (includes a free drink)



Limited tickets available due to fire regulations.

No admission for children without a supervising adult (over 18). All children must come with an adult to look after them.

Work of the Week...

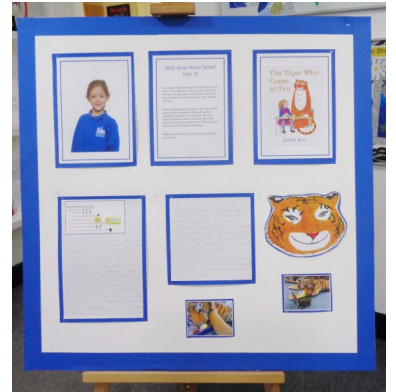


Every week a great piece of children's work is showcased in the school lobby.

As part of their English learning, Year 2 have been reading 'The Tiger Who Came to Tea' by Judith Kerr. This week the children wrote their own story about the tiger visiting St Mary's.

Nora has written a fantastic narrative. She has used adverbs to sequence the events in her story and has thought carefully about her vocabulary choices.

Well done, Nora!



Our prayer of the week...

Dear God,

We thank you for all the gifts that you have given us,
We praise you for giving us life,
We thank you for each new day and each new opportunity as we face fresh challenges.

Amen



LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE



P RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



N O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



T ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



S PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.



Remember all of these rules and they'll help you stay safe, just like Pantosaurus

